



Home Deity Worship Course

Ārati checklist



ISKCON Deity Worship Ministry

Ārati checklist

Cleanliness and purity

- Ensure the paraphernalia is clean
- Neatly arrange the items to be offered
- Ensure the area where the ārati is performed is neat and clean
- Keep offered and unoffered items separate
- Purify your hand with water from the ācamana cup after offering each item and before touching or purifying the unoffered items
- Purify the bell in between offering each item

The items (offer whatever you have available)

- **Incense:** 7 times around the Lord's body
- **Camphor lamp:** 4 circles to the Lords' feet, 2 circles to the navel, 3 to the face, 7 to the Lord's whole body
- **Ghee lamp:** 4 circles to the Lords' feet, 2 circles to the navel, 3 to the face, 7 to the Lord's whole body
- **Water in conch:** 3 to the head, 7 to the Lord's whole body
- **Cloth:** 7 times around the Lord's whole body
- **Flowers:** 7 times around the Lord's whole body
- **Cāmara:** wave before the Lord 7 times
- **Peacock feather:** wave before the Lord 7 times

Steps of offering

- Do *ācamana*
- Offer your obeisances to your spiritual master



- Clean your hands with a few drops of water from the ācamana cup after touching the floor
- Blow the conch if you have one. **Do not** blow the conch if it would disturb your neighbours
- Clean the conch by pouring water through it
- Stand on a mat
- Ring the bell while offering each item
- Offer each item to the spiritual master first
- Offer each item to the deities
- Offer the prasādam to the guru
- Offer the prasāda to any Vaiṣṇavas that are present
- Keep offered items separate
- Blow the conch if you have one. **Do not** blow the conch if it would disturb your neighbours
- Clean the conch by pouring water through it